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| **Summer Menu 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast (20%)** | A selection of cereals.  Wholemeal toast with spread.  Seasonal fruits. | A selection of cereals.  White toast with spread.  Seasonal fruits. | A selection of cereals.  Wholemeal toast with spread.  Seasonal fruits. | A selection of cereals.  White toast with spread.  Seasonal fruits. | A selection of cereals.  Wholemeal toast with spread.  Seasonal fruits. |
| **Snack AM (10%)** | Papaya and banana sticks  Water | Fresh berry medley  Water | Peach and apricot segments.  Water | Pears and dates.  Water | Pineapple slices  Water |
| **Lunch (30%)** | Tuna and mixed vegetables in a tomato sauce with couscous.  *Soft scoop ice cream*  Water | Homemade quiche served with new potatoes and cauliflower.  *Flavoured yoghurt.*  Water | Ham, egg and new potato, salad with cheese, humus & flatbread.  *Lime and coconut cake.*  Water | Gnocchi in a homemade tomato and vegetable sauce.  *Mixed berry crumble with custard.*  Water | Homemade macaroni cheese with broccoli.  *Rice pudding*  Water |
| **Snack PM (10%)** | Rye bread with chive flavoured soft cheese.  Milk or water | Carrot and pepper sticks with Aioli dip.  Milk or water | Crackers with tzatziki dip.  Milk or water | Bagel halves with cream cheese.  Milk or water | Ryvita thins with hummus.  Milk or water |
| **Tea (20%)** | Cheese and vegetable pin wheels with a side of veg and hummus.  *Brioche*  Milk or Water | Wholemeal pitta pockets with a selection of fillings.  *Mini muffins.*  Milk or Water | Baked beans on toast with vegetable stick accompaniment.  *Plum halves.*  Milk or Water | Jacket potatoes with grated cheese and a selection of vegetables.  *Strawberry filled jelly.*  Milk or Water | Children’s own creations – Pizza!  *Bananas and custard*  Milk or Water |